

Do you care for
someone with
memory
loss?



Join a research study of
the University of California,
San Francisco

**Rural Dementia
Caregiver Project**

UCSF

University of California
San Francisco



**BUILDING BETTER
CAREGIVERS.**

A free online workshop
may help you!

The workshop lasts 6-weeks
and is completely online!

No Zoom/video required

You can access the
workshop at any time of
day from anywhere in the
United States



Am I eligible?

You may be eligible if you are a caregiver of a family member or friend with memory loss and are:

- Live in a rural, farming, or small town area
- 18 years of age or older
- Able to access the internet
- Provide care for a family member or friend for at least 10 hours per week

To check if you are eligible go to our website:
caregiverproject.ucsf.edu



For general questions, please call our toll-free line at:

1-833-634-0603

Monday-Friday

9 am-4 pm PST

Your participation is private and confidential